

Routine Urine Test, Collection Instructions

1. Use the sterile container provided by your healthcare provider or Weland Clinical Laboratories.
2. While holding the labia apart or foreskin retracted, begin voiding.
3. After several milliliters have passed, collect a midstream portion without stopping the flow of urine into a sterile container.
4. Close the container tightly.

If the specimen cannot be brought to a Weland Clinical Laboratories site within 1 hour, REFRIGERATE for a maximum of 24 hours.